

# THE QUIZ

*Is Your Home Internet Safe?*



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**Answer the 10 questions below to identify areas of potential digital risk in your home.**

1. Are you insanely curious about how your kids use technology, genuinely interested, and play/do things with them on tech from time-to-time?
2. Do you have specific, clearly understood technology rules, including keeping technology [out of bedrooms](#), turning in devices [at night](#), overall [screen time](#), and using devices [at sleepovers](#) and other homes?
3. Is YouTube under control in your home? Do you understand Restricted Mode and how to use YouTube Kids? [Blog: [YouTube Restricted Mode](#) and [YouTube Kids](#)]
4. Do you know what apps are on your child's device and do you know the codes and passwords for the devices used by your kids? [Blog: [How to Turn off the App Store](#)]
5. Does your child know how to walk away from a digital conversation with a nice predator? [Blog: [Tricky People – Stranger Danger in the Digital Age](#)]
6. Do your children ages 4+ know how to handle seeing pornography on a digital device (including at a friend's house)? [Blog: [How to Talk to a 5-year-old About Porn](#)]
7. Do you block pornography on all internet ready devices in your home, including the wireless router? [Blog: [How to Block Porn on Any Device. For Free](#)]
8. If you're an Android family, do you know what [Family Link](#) is? If you're an Apple family, do you know what [Screen Time](#) is?
9. If your child has social media, do you follow their account (if under age 16), and talk to them openly about their social media experiences? [Resource: [Bark](#)]
10. Would you want your children using their devices just like you? Do adults follow the same rules as the kids with their devices?

**If you answered “no” to any of these questions, then your home might be exposed to increased and unnecessary Internet risk. The links below can help you find solutions.**

Visit: [www.protectyoungeyes.com/resources](http://www.protectyoungeyes.com/resources)  
[www.protectyoungeyes.com/blog](http://www.protectyoungeyes.com/blog)